

Southern California Suicide Prevention Summit

APRIL 20, 2017

WEDGEWOOD AT THE RETREAT
CORONA, CA

Hosted by the Inland Empire,
San Diego and Orange County
Chapters of the CFMA

As an industry, the construction community has the opportunity to bring recognition of mental illness and suicide risk out in the open. Recognizing the signs, having resources for assistance and removing the stigma associated with mental illness are important steps we can all participate in.

Please join the Southern California Suicide Prevention Summit as we learn more about this subject, identify key steps and best practices for our own companies and work together to formulate ideas to spread the word across the state and beyond. Be a participant in the solution of this critical issue!

Learning Objectives:

- Discuss the industry and workforce risk factors that make suicide risk a concern in construction
- Explain how to protect your workforce and their families by starting a dialogue on this topic
- Discuss what leading construction companies are doing to address this issue by incorporating mental health into safety and wellness programs
- Identify local community mental health resources and how to tap into these services
- Develop an action plan to address this life-saving topic in your company

Earn 4.0 CPE Credits in the Personnel/Human Resources. This is a group-live program at the Overview Level. No prerequisites or advanced preparation required.

Thursday, April 20, 2017

11:30 am - 4:00 pm

Wedgewood at the Retreat: 8007 Soft Winds Dr. Corona, CA 92883

Registration:

\$25.00 Please register by **Friday, April 14, 2017**

Sponsorship: Event Sponsor \$500.00

Includes:

- Registration for 2
- Company logo on all promotional material
- Recognition on day of Summit

[Click Here to Register and/or Sponsor the Summit](#)

Who should attend: Owners, executives, safety managers and human resource professionals are encouraged to attend.

Cancellations and Refunds: Request for refunds must be received by April 14, 2017, no refunds will be granted after this date. For information regarding refunds, complaints, or program cancellation policies, contact Travis Foth tfoth@rosendin.com.



A critical conversation...

- A recently published report by the CDC places CONSTRUCTION/EXTRACTION as the industry with the highest number of suicide deaths and second highest industry in suicide deaths per 100,000 employees
- More than 41,000 suicides occur annually, exceeding the number of deaths due to car accidents
- Suicide is the second leading cause of death among men aged 25–54
- The mortality rate for white males, aged 45–54 is increasing, especially among those without a college education—a statistic contributed to by this growing suicide trend
- The economic impact of suicide exceeds \$44 billion annually

...please help get it started.

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California's Mental Health Movement



AGENDA

11:30 am to 12:15 pm	Registration / Lunch
12:15 pm to 12:30 pm	Opening Remarks- Stuart Binstock
12:30 pm to 1:30 pm	Keynote Speaker- Sally Spencer-Thomas
1:30 pm to 1:50 pm	Lived Experience
1:50 pm to 2:00 pm	Break
2:00 pm to 3:00 pm	Local Community Mental Health Speaker- Dr. Nina Gutin
3:00 pm to 3:45 pm	Panel Discussion- Sally Spencer-Thomas, Dr. Nina Gutin, David James
3:45 pm to 4:00 pm	Q&A/Closing Remarks

SPEAKERS



Sally Spencer-Thomas

Sally Spencer-Thomas is a clinical psychologist, inspirational international speaker and an impact entrepreneur. Dr. Spencer-Thomas was moved to work in suicide prevention after her younger brother, a Denver entrepreneur, died of suicide after a difficult battle with bipolar condition. Known nationally and internationally as an innovator in social change, Spencer-Thomas has helped start up multiple large-scale, gap filling efforts in mental health including the award-winning campaign [Man Therapy](#) and was a recent invited speaker at the White House. Her goal is to elevate the conversation and make suicide prevention a health and safety priority in our schools, workplaces and communities. Spencer-Thomas has also held leadership positions for the National Action Alliance for Suicide Prevention, the International Association for Suicide Prevention, the American Association for Suicidology, and the National Suicide Prevention Lifeline. She has won multiple awards for her advocacy including the 2014 Survivor of the Year from the American Association of Suicidology, the 2014 Invisible Disabilities Association Impact Honors Award, and the 2012 Alumni Master Scholar from the University of Denver, the 2015 Farbarow Award from the International Association for Suicide Prevention and the 2016 Career Achievement Alumni Award from the University of Denver's Graduate School of Professional Psychology.

She has a Doctorate in Clinical Psychology from the University of Denver, Masters in Non-profit Management from Regis University, a Bachelors in Psychology and Studio Art with a Minor in Economics from Bowdoin College. She has written four books on mental health and violence prevention. She lives with her partner and three sons in Conifer, Colorado.



Stuart Binstock

Stuart Binstock is President and CEO of CFMA. He has extensive experience in management issues, including strategic planning, government affairs, educational programming and delivery, financial management, membership development, non-dues revenue growth, program development, and process improvements. He is also a frequent speaker and an experienced moderator of panels at national and regional conferences.



Dr. Nina Gutin

Dr. Nina Gutin is Clinical Psychologist in private practice in Pasadena, California. She is co-chair of the Clinician Survivor's Task Force of the American Association of Suicidology, which supports mental health professional who have experienced the suicide losses of clients and/or loved ones. She has conducted numerous trainings and presentations on suicide prevention, assessment, intervention and postvention for mental health trainees and the general public. She is on the advisory board for the Los Angeles (Didi Hirsch) Suicide Prevention Center's "Survivors after Suicide" program, and has run Survivors After Suicide groups for many years. She is on the Los Angeles Dept. of Mental Health's Suicide Task Force. Through her family foundation, founded after the loss of her brother to suicide in 1995, she works with a variety of organizations that aim to promote comprehensive community-based responses to the needs for suicide prevention, intervention and postvention.



David James

David James oversees the company's Finance, Human Resources/Benefits and Information Technology Departments. David brings more than 34 years of financial experience to FNF and the construction industry, and is a Certified Public Accountant (CPA) and Certified Construction Industry Financial Professional (CCIFP).

David is active in the local and national Construction Financial Management Association (CFMA); as well as committee involvement in other industry associations such as AGC, ARPA and ATRA; He is a member of the American Institute of Certified Public Accountants, The Arizona Society of CPA's, and Valley Leadership.

In 2016, David was appointed to the National Action Alliance for Suicide Prevention, and serves on the Construction Committee within this group. He has been active within FNF, CFMA and other industry associations in bringing to the forefront the issue of suicide prevention in the construction industry.



The Construction Financial Management Association (CFMA) is registered with the National Association of State Boards of Accountancy (NASBA) as a sponsor of continuing professional education on the National Registry of CPE Sponsors. State boards of accountancy have final authority on the acceptance of individual courses for CPE credit. Complaints regarding registered sponsors may be submitted to the National Registry of CPE Sponsors through its website: www.learningmarket.org.